



Belly Dance Arabesque

TERM 3 commences Monday 19 July, 2010

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Beginners Level 1	6.00pm – upstairs – Rachel <i>Habibi Ya Eini</i> (Classical) 8.30pm – downstairs – Rachel <i>Salaam Namaste</i> (Bollywood)	8.30pm – downstairs – Marissa <i>A Taste of Bollywood & Belly Dance</i>		7.15pm – downstairs – Sarah <i>Tribal</i> (ATS) 6.00pm – upstairs – Regan **All Levels Dance Conditioning		1.45pm – downstairs – Shamira <i>Habibi Ya Eini</i> (Classical)
Beginners Level 2	6.00pm – downstairs – Shamira <i>*Erev Shelshoshanim</i> (Veil) 7.15pm – downstairs – Shamira <i>Ana Kidda</i> (Classical)		6.00pm – downstairs – Jane/Marissa <i>Dayya Dayya</i> (Bollywood)	6.00pm – upstairs – Regan **All Levels Dance Conditioning 6.00pm – downstairs – Sarah <i>*Tribal</i> (ATS)		12.30pm – upstairs – Shamira <i>*Erev Shelshoshanim</i> (Veil) 12.30pm – downstairs – Marissa <i>Dayya Dayya</i> (Bollywood)
Beginners Level 3/4	6.00pm – downstairs – Shamira <i>*Erev Shelshoshanim</i> (Veil) 7.15pm – upstairs – Rachel <i>Silsila Yeh Chahat Ka</i> (Bollywood)			6.00pm – upstairs – Regan **All Levels Dance Conditioning 6.00pm – downstairs – Sarah <i>*Tribal</i> (ATS)		10.00am – downstairs – Jane/Marissa **Styles & Combinations (Bollywood) 12.30pm – upstairs – Shamira <i>Erev Shelshoshanim</i> (Veil) 1.45pm – upstairs – Marissa <i>Silsila Yeh Chahat Ka</i> (Bollywood)
Intermediate Level 1	8.30pm – upstairs – Shamira <i>Talakik</i> (Modern Egyptian)	6.00pm – downstairs – Penny <i>Talakik</i> (Modern Egyptian) 8.30pm – upstairs – Shamira <i>*Technique Workout</i> (Belly Dance)	7.15pm – upstairs – Jane/Marissa <i>*Lucky Boy</i> (Bollywood Hip Hop) 8.30pm – downstairs – Regan <i>*Improve Your Technique</i> (Tribal ATS)	6.00pm – upstairs – Regan **All Levels Dance Conditioning 7.15pm – upstairs – Regan <i>*Tribal</i> (ATS)	6.00pm – upstairs – Marissa <i>*Lucky Boy</i> (Bollywood Hip Hop)	10.00am – downstairs – Jane/Marissa **Styles & Combinations (Bollywood) 11.15 – downstairs – Jane/Marissa <i>*Lucky Boy</i> (Bollywood Hip Hop)
Intermediate Level 2		11.00am – upstairs – Shamira <i>Tigi Niksem El Amar</i> (Saiidi Stick) 7.15pm – upstairs – Penny <i>Tigi Niksem El Amar</i> (Saiidi Stick) 8.30pm – upstairs – Shamira <i>*Technique Workout</i> (Belly Dance)	7.15pm – upstairs – Jane/Marissa <i>*Lucky Boy</i> (Bollywood Hip Hop) 8.30pm – upstairs – Shamira <i>Technique Workout</i> (Belly Dance) 8.30pm – downstairs – Regan <i>*Improve Your Technique</i> (Tribal ATS)	11.30am – upstairs – Shamira <i>Tigi Niksem El Amar</i> (Saiidi Stick) 6.00pm – upstairs – Regan **All Levels Dance Conditioning 7.15pm – upstairs – Regan <i>*Tribal</i> (ATS)	6.00pm – upstairs – Marissa <i>*Lucky Boy</i> (Bollywood Hip Hop)	10.00am – upstairs – Shamira <i>Tigi Niksem El Amar</i> (Saiidi Stick) 11.15 – downstairs – Jane/Marissa <i>*Lucky Boy</i> (Bollywood Hip Hop)
Advanced		6.00pm – upstairs – Shamira <i>Ahmed Ya Omar</i> (Shaabi) 7.15pm – downstairs – Marissa <i>Kajra Re</i> (Bollywood)	6.00pm – upstairs – Shamira <i>Ahmed Ya Omar</i> (Shaabi) 7.15pm – downstairs – Regan <i>Mission</i> (Tribal Fusion)	12.30pm – upstairs – Shamira <i>Ahmed Ya Omar</i> (Shaabi) 8.30pm – upstairs – Regan <i>Mission</i> (Tribal Fusion) 8.30pm – downstairs – Marissa <i>Kajra Re</i> (Bollywood)		11.15am – upstairs – Shamira <i>Ahmed Ya Omar</i> (Shaabi)